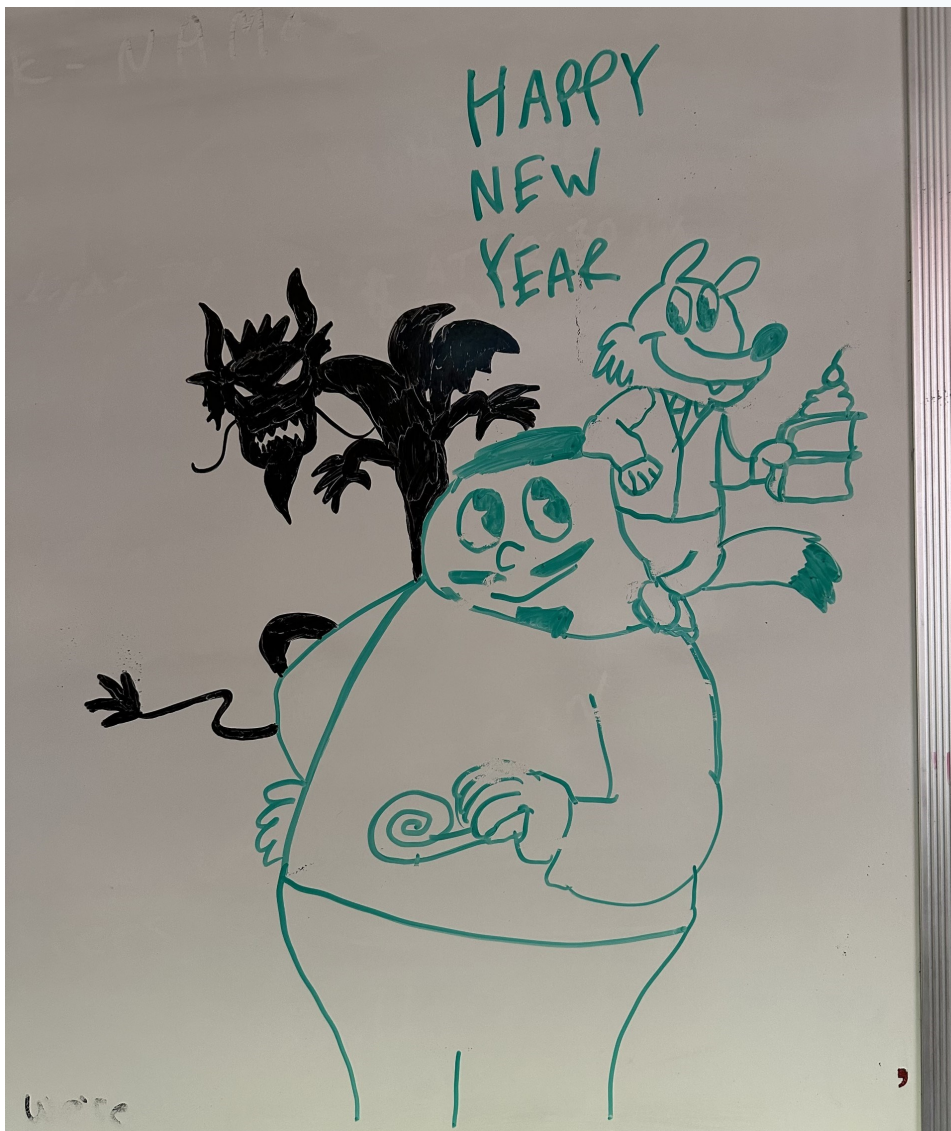


CrystalHouse Clubhouse

55 Lake St Ste
100
Gardner, MA
01440

January Newsletter



Inside this issue

- MWCC Elf Play
- Railers Game
- PACC Party
- Members Insider Edition
- Crystal House Holiday Party
- Bell Ringers

Current Jobs

1. KFC Team Member Back of the House Gardner, MA Part-time
2. Personal Care Homemaker / Home Health Aide / Personal Care Aide From \$18 an hour - Part-time, Per diem Gardner, MA
3. Hannaford PT Sanitation Maintenance \$15.00 - \$19.65 an hour - Part-time Gardner, MA
4. Fitchburg Rehabilitation and Nursing Center Housekeeping/Laundry Worker Part-time, Full-time
5. Burger King Crew Member - Full Time or Part Time Fitchburg, MA
6. Comeketo Brazilian Steakhouse Host/Hostess Part-time Leominster, MA

Member Spotlight: Mike C!

1. Why did you become a member of the clubhouse?

I was first involved with Westwinds in Fitchburg. It was my first encounter with a Clubhouse.

2. What is something positive that you have accomplished from being a member of the clubhouse?

I have a long time membership, I do meaningful tasks, I do self employed drive share work.

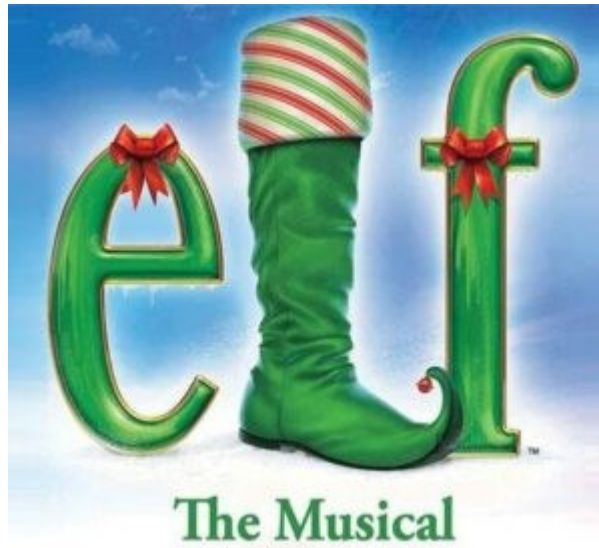
3. What is something you are working on now to accomplish?

The number one thing is sobriety, maintaining attendance, and being positive with other members.

4. What is one thing that you are proud of?

I'm proud of staying full of life!

Elf Play at MWCC



A few members enjoyed the Elf play at MWCC with staff. They said they enjoyed it and wouldn't mind going again!



Mount Wachusett
Community College

Crystal House has four basic rights for its members:

- A guaranteed right to a place to come
- A guaranteed right to meaningful work
- A guaranteed right to a meaningful relationship
- A guaranteed right to a place to return

DRA is every
Wednesday at
12:30. Anyone is
welcome to join :)



PACC Holiday Party



Members had a great time at the PACC Christmas Party. Everyone came together and sang songs or played their instruments together. They enjoyed everyone's company and the food as well! Happy holidays!

Member Insider



12/16/2023 It's MCC in the snack stop. We just went out into the night and saw the light show...Also: I rang the bell at wally world and received a hat and gloves. Merry xmas to you all for helping me get better! —MCC

Crystal House Holiday Dinner



More Holiday Dinner Pics



Bell Ringers Spotlight

Members MCC, Jane C, and Lisa C are featured for doing the Salvation Army bell ringing this year.



New Year Resolutions

This time of year we tend to look back and see what we might like to see differently by the next year. Some people make New Year Resolutions to help them stay on track. I thought I would share some of the members resolutions for the upcoming 2024 year!



“To be kind” “Expand creatively on my story telling and music making” “Crystal House fun and to lose weight” “To be more productive and happier” “To be happier” “Learn to read music” “Be happy” “Good health and happiness”

It seems like a lot of resolutions are some form of being happier. Let’s take a moment to reflect and see what we can do to improve the areas that might help us be happier. Could it be removing toxic friendships or just simply getting more organized so your brain can get a chance from overthinking? Try making a list of things in your life that could make you happier and start from there. Even the slightest improvement is an improvement.



Worcester Railers Game



Members enjoyed a free Railers game
“It was a good game. They lost, but it was a lot of fun watching them have a shoot out and them throw out the bears” — Jody



